

N O V E M B E R 2 0 1 1

# Peace First Newsletter

Happy November! Peace First is thankful for all of the peacemaking happening in our schools, our homes and our communities.

Who is a peacemaker in your life that you're thankful for?

## Lesson Objectives & Questions to Ask at Home

## Words to Know!

<p><b>Kindergarten 1</b> Students learn about taking turns and inclusion.</p> <p>How do you include everyone in your games?</p>	<p><b>Kindergarten 2</b> Students learn how to use positive skills and include their classmates in cooperative activities.</p> <p>Why is it important to include everyone?</p>	<p><b>First Grade</b> Students learn how to compliment their classmates instead of using put-downs.</p> <p>How do compliments make our classroom a more peaceful place?</p>
<p><b>Second Grade</b> Students learn how to navigate tough decisions and maintain strong friendships.</p> <p>Why is it important to apologize?</p>	<p><b>Third Grade</b> Students learn about the importance of tone of voice and body language when communicating.</p> <p>Why should we be careful of our tone of voice?</p>	<p><b>Fourth Grade</b> Students learn about the consequences for the choices they make.</p> <p>What kind of choices can lead to positive consequences?</p>
<p><b>Fifth Grade</b> Students learn decision-making techniques and use them to solve conflicts.</p> <p>What are some strategies you can use to solve conflicts?</p>	<p><b>Sixth Grade</b> Students learn about their own cultures and to deal with stereotypes they face everyday.</p> <p>How does my culture make me unique?</p>	<p><b>Seventh Grade</b> Students learn about their peer groups and behaviors that are constructive and deconstructive for friendships.</p> <p>What are some positive strategies for dealing with anger?</p>
<p><b>Eight Grade</b> Students learn how to create effective resolutions when acting as mediators.</p> <p>What skills does an effective mediator need to have?</p>		

K1 – **Sharing:** letting other people use or borrow your things

K2 – **Togetherness:** including everyone in a group, being friends with everyone

1<sup>st</sup> – **Compliments:** saying something nice about a person

2<sup>nd</sup> – **Tone of Voice:** the feeling other people can hear in your voice when you communicate

3<sup>rd</sup> – **“I-message”:** a way to communicate emotions without making the listener feel defensive

4<sup>th</sup> – **Consequence:** what happens after you make a choice; can be both positive and negative

5<sup>th</sup> – **ABCDE Method:** a method for making decisions: ask, brainstorm, choose, do, evaluate

6<sup>th</sup> – **Culture:** a set of beliefs, ideas and values that are passed down from generation to generation

7<sup>th</sup> – **Friendship:** a commitment

between two people to be friends

8<sup>th</sup> – **Mediation:** a method of conflict resolution that uses a neutral party

## Peek into a Peace First Class...

Middle school students are brainstorming ways to become more active and take leadership roles in their communities!

